

The Little Masters

by Rama J. Vernon

We all carry within us the seeds of remembrance, which may be lifted into conscious memory through an incident or series of incidents. These articles are to highlight those children whose remembrance of their own divinity is a reminder to all of us of our own.

The veil between the seen and unseen is rapidly disappearing with the advent of the New Millennium. Yes, the Little Masters are everywhere, they walk and sleep in the streets throughout the world. They stand beside us in our own homes and live within the hearts of each of us. They are our teachers, just as we are their support and protection.

Our children and youth are the hope and future of this world. As parents and adults, it is important that we be continually receptive to their stories and comments, not dismissing them as imaginative meanderings. It is important that we listen not only to their words, but the space between their words, what they are saying and what they are NOT saying.

Ariana Parra

One of the most touching stories about Ariana was her visitation by three angels when she was three years old. She says they visited her in her bedroom on the night of November 13, 1993. They told little Ariana that she was to help children come into the world, and that she was to help usher in a special baby sister. Afterwards, she cried to her mom, "Where is my baby sister? God said that you are to bring my baby sister into the world and I am to help."

"My baby sister is here."

Kap, her mother, said the angels continued to visit Ariana. At night both mother and father would quietly enter the little child's bedroom and witness an immense Light radiating from their daughter which would reach out to fill the room. At those times, Ariana seemed to be in a mystical trance. Her parents would call her name, and she would

turn her head and look sweetly at them without saying a word. Kap relates, "She looked as if she was in a ritual or ceremony. The look that came from her eyes said, 'I am in communion, in ceremony—don't disturb me now.'"

One night the Light that emanated from Ariana's room traveled down the hall and surrounded both the mother and father. The next morning, Ariana excitedly ran into her parents' room, jumped onto their bed and, crying tears of joy, said, "My baby sister is here." Her parents just looked at each other in astonishment. In less than a month her mother was joyfully surprised to discover that she was pregnant.

Kap entered her daughter's room one evening to find their deerskin covering Ariana's body. When asked why she had it, Ariana said that the angels placed it over her. According to Kap, there was a significance in the way the deerskin had been placed which had special spiritual meaning in the Native American teachings. During Kap's pregnancy, Ariana would periodically ask her mother to light a candle. Then she would lay the deerskin over her mother, place an amethyst crystal on her mother's abdomen and lightly brush a feather over her mother's forehead as if to bless her. She also performed a similar dancing ritual for many visitors at their home, stroking their heads lightly with a feather in a deep healing way.

During her pregnancy, Kap had a vision that this baby was to be named Chenoa Anela. Chenoa in the Native American tradition means "White Dove," while Anela in Hawaiian means "Angel." Ariana was present at the birth of her sister and acted as a healer during the time of labor. She would fetch her mother water and ask if there was anything else that she needed. When Ariana's new baby sister emerged out of the womb into this world, Ariana cried and cried saying, "There's my Chenoa." It was a mag-



Ariana Parra

ical time for everyone present. These two sisters bonded immediately and have been extremely close ever since.

Whenever the family was out in public, people would stop them and comment on the light emanating from both of the sisters, saying that they looked like angels. This has now become a commonplace experience, and their mom has begun logging these experiences in a private journal; however, Ariana has said, "No, you must share it with the world!"

Ariana began to predict when the elders, her grandparents, would be dying. She could see the auras in others since birth. When she first began to talk she would say, "Mama, I can see pink and blue around you." When others would visit, she would tell them the colors that were around them.

From the time she could speak, Ariana related stories and visual accountings of her past life. One day she said to her mother, "I am your sister." Kap heedlessly responded, "Oh, I know." But Ariana did not let that comment pass unnoticed, "No, I really am your sister. Do you remember the baby your mom had after you?" Kap remembered that her mother had had a miscarriage. "That baby was me!" Ariana said. There was no

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way that Ariana could have known about this as it had never been discussed. Ironically enough, Kap said, the miscarried baby was to be named Christopher Ryan, and that was the name Ariana would have been called if she had been a boy.

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Although Kap had not been in contact with her own family for many years, Ariana seemed to know her grandparents' and uncles' names, even though they were never mentioned. Also, she described the house Kap's family had originally lived in, without ever seeing pictures or hearing about the house. She described the carpets, floors and other fine details, along with the colored murals that her mother's sister had drawn on the walls of her bedroom. Kap was at first very surprised by Ariana's descriptions, but then cried with sadness for the pain of the past. That pain turned into joy for the opportunity to share her heart with Ariana. "It was a gift

from our Creator to unite our family once more," Kap recounted.

Kap feels grateful that Ariana chose her as a vehicle to come into this world. "If we nurture our children's visions and remembrances, it is like watering and nurturing a flower, and the more our children's intuition grows."

Ariana listens to the whispers in the wind. She has a love of nature; a flower to her is sacred. If another child picks a flower, she will say to them, "You may not want to do that. Others need to enjoy that beauty, too." She loves even the rocks. She will ask the flower or rock at times, "May I take you with me?" Sometimes when her mother would pick up a rock, Ariana would say, "No Mother, this one is not for you. I will find you another, let that stay here with the earth. Here! This is the one for you—it will bring you healing."

Not even being old enough at the time to pronounce the words "Native American" properly, Ariana would pick up ancient arrowheads or other artifacts and say, "This was a tool for Native American. You can have this, Mom . . . it will bring you healing."



"I have always felt," said Kap, Ariana's earthly mother, "that children are the teachers. They carry the wisdom for all of us. We need to start listening to little children, as they have so much to share with us. If we could just look through the eyes of a child, even for a day, what an amazing adventure it would be."

Rama Vernon is President of the Center for International Dialogue and Co-founder of the Academy for Conflict Resolution and Peace Studies. She is also founder of "Women of Vision," an international organization encouraging leadership for a new world. She currently resides in Sedona, AZ.



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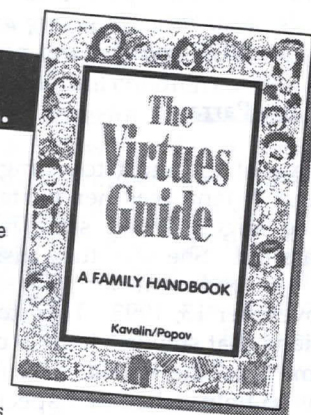
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