

The Little Masters

by Rama Vernon

This series is focusing on the little beings that are coming into the earth-plane at this time. They seem to be different as many parents have attested. Instead of throwing the temper tantrums that our generations were known for...they come in with a wisdom, an understanding and a "knowing" in their eyes. They rarely cry even at birth, and they appear eager to "get on with it." They reach out to soothe the cries of those their own age and beyond and seem to have a forgetfulness of self in their eagerness to "serve humanity." Their nervous system and cellular vibratory rate are different than the succeeding generations whose bodies and psyches are trying very hard to keep pace with the planetary acceleration occurring at this time. These little beings seem to be already "up to speed," coded in a different way than their predecessors. They have inherited a world that is much different than the world that many of us inherited from the generations before us. They are coming into a world already overpopulated where ecosystems are out-of balance both in the environmental and societal psyche. These new souls inheriting the earth are big beings in little bodies. Many of them seem to know why they are here and what they must do as part of their piece of the plan for building the new humanity. We invite you to send your own personal experiences with these "little beings" or what we have termed the "little masters" for forthcoming issues of the Joyful Child Journal. It is a time to honor and support the new generations who have come to help usher our world into the evolutionary spirals of a new millennium.

Mira Michelle Murphy Age 8 years

Even though her mother and father were American, Mira was almost born in the Soviet Union at the height of the cold war. She was to be delivered by the famous Russian pioneer of underwater birth, Igor Charkovsky, who correctly predicted the day and time of her birth 6 months before her birth. The peace, gentility and light that surrounded Mira's birth at home truly exemplified her Russian name Mira which means both Peace and the World. When she was three weeks old she attended her first Yoga Conference. At that time, a well-known speech writer

for three American Presidents acknowledged her presence saying, "We don't need to hear more teachings or attend more classes, we just need a class in 'being with Mira.'"

Mira began traveling to Russia from the age of 3 months and made four more trips to Russia before she was a year old. Russian psychics and mystics predicted that this child would come in "standing on the shoulders" of her parents continuing their work as peace-makers who created bridges between people once separated by the stereotypes they held of one another. At 3 months, when Russian babies were still swaddled never leaving the house, Mira traveled halfway around the world, behind the iron curtain of what President Reagan called "the evil empire," to face the people Americans still thought of as enemy.

She attended official meetings with her mother and sat at the formal tables with simultaneous translation equipment that looked to her like ice cream cones. She would sit with straight back looking at each and every Russian who would speak. Her presence and the gaze of her eyes that seemed to precisely follow the proceedings caused the officials to exclaim, "She's not a baby. She's more like a big person in a little body. She seems to know not only what we are saying, but what we are thinking." Mira's big round blue eyes, inherited by the Irish side of her father's family were wise and penetrating. They did not reveal her cultural synthesis of Irish, Scotch, Lebanese and Norwegian ancestors. Her presence over the years in the USSR as one of the youngest ambassadors of goodwill contributed greatly to building bridges between the US and USSR. According to Russian officials, she did her part in helping to end the cold war, "She opened doors by opening hearts."

Over the years, Mira continued to grow into a beautiful little fairy child who called herself "a nature girl." Her love of flowers, the trees and the wind that blew through her long blond hair was expressed in her outpouring of dance as her expression of gratitude of all Mother Earth's abundance. Through her, adults learned to appreciate nature more. She awakened our



Mira

consciousness of animals, by reminding us mercilessly not to eat the animals we professed to love. She loved the birds that flew above the earth like her own spirit when it soared in her communions with God. She loved the insects that crawled serving as a reminder of the humility that we need to have before the Great Creative Spirit of all life forms. She loved the snakes and butterflies, the hawks and the robins, the bunny rabbits and the coyotes. All found equal favor in her eyes and in her arms that reached out to equally embrace all.

Her great love for horses was expressed in writing her first book about a baby horse named Ginger at the age of six. Her writings were inspired by her true experiences and her desire for oneness with the power, speed and gentility of the horse. She saw in the eyes of the horse, her own eyes and the eyes of all children that relied on their elders for their care until they were big enough to take care of themselves. Her second time on a horse found her in a vaulting class doing acrobatics on a moving horse. When asked if she was frightened, her response was a surprising, "No. I am the same as the horse. The horse and I are one." Dance is her form of prayer where she says she feels close to God. Her love of the dance is her quiet way of expressing the dance of life and her lightness of being in this world. It has been an enlightening experience to be

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in the presence of a child that looks through the skin of the body to the light of the soul. At times, her presence seemed so big that it would be shocking to look down at such a little body wondering how this small vessel could contain such a great spirit.

Joyful Child: *Mira, we understand you are a ballet dancer, a gymnast, a horse back rider and that you are writing another book. We also understand that when you were six years old you wrote your first composition for the piano called "A Long Way To Life." This is a very unusual title—how did you decide on that name?*

Mira: One day, I heard some music that was very beautiful. It reminded me of something—like a long time before I was born. I cried very hard, not because I was unhappy...I love my life... but I cried for everyone. I cried for all of us who are born, who grow up and who die. We are all born, we grow older and then we all one day must die. Life keeps going and going like a ball that keeps rolling a long, long way. That's why I call it "A Long Way To Life." Life is a long way...it never ends and it's not always easy."

J.C.: *We understand you used crystals to heal and help people when you were four years old. How did you learn to do that?*

Mira: I didn't come from this planet you know. I came from the Crystal Planet. That's where I learned it.

J.C.: *What is the Crystal Planet? What does it look like?*

Mira: It has beautiful rainbows that look like crystals. They're not like the rainbows of this planet. They are prettier and sparkle more and are brighter. There are waterfalls, beautiful grass, trees and meadows with pretty flowers. There's trees with fruits all over them. It's so beautiful. The birds and wild animals love each other and play together. They don't fight or eat each other. They trust people because the people there don't eat them so they don't have to protect themselves by attacking people before people attack them. I love it there. You don't have to work so hard. You just have to think something and it happens. It's harder to do that here. Oh yes, there are also Unicorns. I love Unicorns. They are real you know. They do exist even though some people don't think so. They only live in peaceful places. It's a much more peaceful place than this world. I didn't want to leave there but it was time for me to come to this world.

J.C.: *Why did you choose to come to this planet at this time?*

Mira: I came here to work mainly this time with animals and nature. I didn't come this time to work so much with people. I'm supposed to help animals. People are supposed to protect animals and learn to live next to them. They are not supposed to kill them. How can animals learn to trust people if they go on killing them? We're not supposed to eat animals either. If we learn how to live peacefully with animals, then we can learn to live peacefully with people.

J.C.: *We hear that you are a vegetarian?*

Mira: Yes. I just don't want to eat meat or anything that comes from a dead animal. How can people go on killing and eating dead animals? I don't understand how people can raise animals, feed them and take care of them and then kill them just to eat them. Animals won't want to attack us or eat us if we stop eating them. I am writing a letter to President Clinton, I voted for him in our school election, you know.

J.C.: *What are you saying in your letter?*

Mira: I'm asking him why people are put in jail for killing people but not for killing animals. Why do we treat people differently than animals? If people kill or hurt animals why are they treated differently than someone who kills or hurts people? Why are animals different than people?

J.C.: *Your teachers at school call you the Peacemaker. Why?*

Mira: When my friends get in an argument with each other, I try to help them. If they get mad at someone like my friend, "Janie," for being mean to them or saying bad things, I try to help them understand that Janie's brother and sister talk to her that way and that she doesn't know anything else. She talks to people the way her brother, sister and parents talk to her which isn't very nice. I try to help others understand that if we talk nice instead of mean to others, they learn how to talk a different way. If they learn to talk to each other differently, they will go home and change their brothers and sisters, and even their moms and dads if their moms and dads talk mean to them. I keep thinking that maybe if enough kids do that, they can change their family and if enough families change, we can change the whole world.

J.C.: *Do you practice these Peacemaking techniques in your own life?*

Mira: It's hard and sometimes I for-

get and want to say something mean back when someone says something mean to me. If someone hurts my feelings, there's a part of me that wants to hurt theirs back. But I'm learning discipline. If I see it in time, I can change. People only try to hurt us because they want us to like them or they feel bad about themselves. If I understand why they are trying to hurt me, then I don't get mad at them. I just love them. People only want to be loved by other people. That's all it is. In the movie Peter Pan, where Captain Hook was trying to kill Peter Pan, Peter Pan's daughter kept saying, "He just needs a mommy. He doesn't have a mommy." I think that's how most people are. They just want to know that they have a mommy or someone who loves them no matter how bad they are...they are just loved no matter what. I think if we know that about people, we won't blame them and then we can help them to love each other more.

J.C.: *You once said that you talked to God. How do you do that?*

Mira: Like this. She sat cross-legged like a little Buddha, placed her hands on her knees with palms facing upward with her thumb and finger joined. Her eyes turned up into her head and there was a profound peace that settled over the room. After awhile, she began to open her eyes but looked very "other-worldly" as if she had been in a deep state of communion. She was silent both within and without. Her eyes were shining and there was a peaceful smile on her lips. It seemed intrusive even to speak. She did not initiate conversation. She seemed so self-contained, so content and peaceful just to Be. The peace that emanated from her was contagious. It could be felt by all of us within the room. After awhile, words broke the deep silence in the room.

J.C.: *What did God say?*

Mira: God said that I must be very brave. We must all be very brave. The world is changing quickly and some people may not understand what is happening. It will be good. But it won't seem like it at times. We have to love people and animals and help them now. Mira put her hand to her chin and sighed. "I just love my life. Do you love yours?"

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