



# 1989 INTERNATIONAL CITIZENS DIPLOMACY MISSIONS TO THE SOVIET UNION, CHINA, AFRICA & CENTRAL AMERICA

**FEBRUARY 26-MARCH 5, 1989**  
**Moscow**

## PROJECT DEVELOPMENT TRIP I

This is a specially designed working trip for those who have projects they are currently developing with the Soviets as a result of the Soviet-American Citizens' Summit. This trip will offer an opportunity to strengthen relationships with Soviet counterparts and other resources to realize a more successful completion of your current project and to develop ongoing work together. New projects to be initiated will be taken on an application basis. Pre-arranged meetings will be organized through the sponsorship of the Soviet Peace Committee with appropriate Soviet counterparts.

**MARCH 9-MARCH 19, 1989**  
**Moscow**

## US-USSR BUSINESS AND TRADE:

The Conference emphasis centers on building bridges through joint trade and cooperative ventures. Members of delegation will meet with representatives from the Ministry of Economics and Finance, Academy of Foreign Trade, Council of Cooperatives, All Union Trade Council, banks and other leading Soviet business equivalents. Counterpart meetings are being arranged in advance with a variety of Soviet organizations to maximize the exploration and development of business, trade, joint ventures and project opportunities.

**APRIL 16 - APRIL 30, 1989**  
**Helsinki, Moscow, Tbilisi, Kiev, Leningrad**

## NETWORK OF LIGHT: A TRANSFORMATIONAL JOURNEY

Many Americans and Soviets are involved in the rapidly expanding interest and expertise in various alternative healing modalities. During this trip, they will have the opportunity to meet one another and learn from each other and share their common interest. The group will explore the ancient caves in Kiev where mummies of Monks have been found whose presence is still said to be pervasive.

**MAY 6-MAY 24, 1989**  
**Moscow, Dushanbe, Alma-Ata, Tashkent,**  
**Samarkand, Leningrad**

## CENTRAL ASIAN STUDY TOUR

This tour is designed for all those interested in really meeting peoples of different Republics and studying their language and customs. Visits to the Kremlin, the Hermitage and excursions to the Varzob Gorge and Mount Medeo, the site of the Soviet Olympic training center are included. Special visits to a Pioneer Palace, a Maternity Home and Health Care Center have been arranged. Four theater performances and a Tajik Gala Dinner while in Dushanbe will make this tour memorable.

**MAY 14 - MAY 21, 1989**  
**Moscow**

## PROJECT DEVELOPMENT TRIP II (See February description)

**MAY 21 - JUNE 7, 1989**  
**Prague-Moscow-Tbilisi-Odessa-Leningrad**

## YOGA AND HEALTH FITNESS IN THE SOVIET UNION

The Center for Soviet-American is arranging the first official Yoga demonstrations in the Soviet Union. Swami Satchidananda, known for his international ecumenical work, will present lectures to members and representatives of the Soviet Peace Committee, Physicians with the Ministry of Health, the Institute of Psychology and the Institute of Philosophy. The group made up of members of the Integral Yoga Association, will meet with Soviet clergy, physicians, psychologists and Health Club members to discuss the benefits of Yoga for fitness and health. There will also be informal discussions with citizens in their homes.

**JUNE 18-JULY 3, 1989**  
**Shannon, Ireland, Moscow, Kharkov, Kiev, Leningrad**

## ECONOMISTS EXPLORATION TOUR

Special meetings will be arranged with representatives of the Soviet Trade Unions to discuss the unfolding and implementation of perestroika, meetings with Soviet economists, visit to a Trade Union Education Center, visits to three different types of factories and the opportunity to meet directly with Soviet workers. Excursions to a collective farm, Zaporozhye HydroElectric Power Station and to Petrodvorets. We will see the Kremlin, the Hermitage and see two theater performances.

**JUNE 25-JUNE 30, 1989**  
**San Jose, Costa Rica**

## Conference in Costa Rica "Seeking the true meaning of peace"

This Conference is sponsored by the United Nations University of Peace. This Conference will create an opportunity for sharing diverse perspectives on Peace and Peace education, with the purpose of creating a common vision. It will provide an opportunity to develop a deeper relationship between the U.N. University for Peace which is now a living network of collaborating institutions, groups and individuals around the globe.

Former Gen. Sec. of the U.N., Robert Muller, President Arias of Costa Rica and 1987 Nobel Peace Laureate and his Holiness Tenzin Gyatso, the XIV Dalai Lama of Tibet will be among the participants.

**JULY 2-JULY 24, 1989**  
**Shannon, Ireland, Moscow, Baku, Erevan,**  
**Tbilisi, Kiev, Vilnius**

## COMPREHENSIVE SOVIET STUDY TOUR

This special tour will include excursions to Zagorsk, the Nardaran carpet-weaving factory, Garm and Ghegard, Echmiadzin and Zvartnots, Sadarapat, Khor Verab, Lake Seven, Mtskheta and Petrodvorets. We will also see the Kremlin, the Lavra Monastery and Caves and the Hermitage. Emphasis will be on learning the language and meeting people in our wide network of officials and citizens. We will have the unique privilege of spending 5 nights in Moscow at the beginning of our tour and 3 additional nights at the end. Much of that time will be spent in special classes to learn conversational Russian.



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**JULY 23 - AUGUST 6, 1989**

**Shannon, Ireland, Leningrad, Rostov-on-Don,  
Tbilisi, Erevan, Baku, Moscow**

## NEW HORIZONS IN LEARNING

Educators will have a unique opportunity to meet with teachers developing new methods of learning based on the Waldorf-Steiner. We will visit a school of this type in Leningrad where students are co-creating extraordinary paintings in a group effort where children learn how to work without comparison or competition.

**AUGUST, 1989 (Dates to be set)**

**Moscow, Yalta, Sudak**

## DOLPHINS, CONSCIOUSNESS AND WATER BIRTHING

Specially invited Americans will be hosted by Igor Charkovsky, the pioneer underwater birthing, and the Family Health Club at their special Summer Camp near Sudak, a hidden Paradise on the Black Sea. Participants will cook over an open fire with Soviet families, meditate together and share information on rebirthing, underwater-birthing and interspecies communication. The special focus for this trip will be for midwives, bodyworkers, nurses, doctors, alternative health professionals, psychologists and those interested in interspecies communication.

**JULY 31 - AUGUST 15, 1989**

**Helsinki-Leningrad-Tallinn-Vilnius-Moscow**

## SOVIET STUDY TOUR

Special round-table discussions with Soviet teachers and educators on education today in the Soviet Union. Special visits to a collective farm, to a Young Pioneer Camp, to a day care center and a Trade Union Education Center. The focus on this tour will be to explore the Baltic Republics of Estonia and Lithuania, where the rich history and culture still survives, even under Soviet domination for years.

We will be staying in Sputnik Hotels, designed for youth and students, which will give us the opportunity to meet students from many countries.

**AUGUST 18-SEPT. 3, 1989**

**Moscow, Ivanovo, Rostov-on-Don, Odessa, Leningrad**

## TRADE UNION EXPLORATION-Designed for League of Women Voters

Special meetings with representatives of the Central Council of Trade Unions, with editors and writers on the staff of the national daily trade union newspaper "Trud", round-table discussions with trade unionists and scholars on the current nature of restructuring and the resulting changes in the economy, educational fields and society at large. Visits to a factory medical care facility, a factory workers cultural center, a child care center and health sanatorium. Boat rides on both the Moscow River and the Don River Canal, excursions to the old Russian city of Palekh, to Novocherkassk and Petrodvorets, the Kremlin and Hermitage.

## FOR MORE INFORMATION CONTACT CENTER FOR

## SOVIET-AMERICAN DIALOGUE

14426 NE 16TH PL., Bellevue, Wa. 98007  
(206) 641-5206

**SEPT., 1989**

**Moscow-Leningrad (other Cities may be added)**

## AFTER THE WARS: A Meeting of Vietnam and Afganistan War Vets

Vietnam War Veterans will travel to the Soviet Union to meet with Afghanistan War Veterans to share their experiences and how they overcame problems of re-entering society and healing the wounds of an unpopular war.

**SEPT. 17-OCT. 2, 1989**

**Medjogorje - Dubrovnik - Moscow - Kiev - Leningrad**

## INTERNATIONAL HEALING; Integration of Science and Soul

Group will join the villagers in Medjagorje for evening worship where the Madonna appears to young visionaries and stay in the homes of the villagers. In the Soviet Union th group will meet with Soviet healers, artists, psychics, and members of the Family Health Club who are part of the community that has pioneers of underwater birthing who work with the dolphins. The group will have the opportunity of sharing ways of integrating progressive methods of healing.

**SEPT. 3-17, 1989**

**Imatra and Retretti, Finland**

**Leningrad - Tbilisi - Moscow**

## "ARTISTS EXCHANGE"

Artists will be selected according to the appropriateness of their works, submitting 6 slides, out of which two works will be chosen to bring to the Soviet Union as part of the Exhibition we will arrange.

On our way to Leningrad, we will stay overnight at Imatra, Finland then travel the next morning to the world famous underground Art Gallery of Retretti before continuing by bus to Leningrad.

This will be for working artists that are interested in deepening and expanding their creative expression with a unique opportunity to visit and work with "unofficial" artists in Leningrad, Moscow and Tbilisi. Nika Shcherbakova, Moscow Art critic and dealer, who represents 100 Soviet "unofficial" artists will personally arrange for American artists to stay with their counterpart Soviet artists.

**OCTOBER 19-29, 1989**

## CITIZENS' SUMMIT II MOSCOW 1989

The Second Citizens' Summit will be hosted in Moscow by the Soviet Peace Committee. 100 Americans will meet with 300 Soviet counterparts on a task forces such as Global Economic Cooperation; Regional Conflicts; Human Rights; Future World Governance; Business and Trade; Environmental Transformation; Health and Human Potential; Education and Youth; Film Media and The Cultural Arts; This Summit will be a continuation of the Soviet-American Citizen Summit held in Washington, D.C. February 1988. Gala awards and Soviet-American Concert will close the Summit.

The Center for Soviet-American Dialogue is now receiving applications for participants interested in developing joint projects in these fields.

NOV. 1- NOV. 13, 1989

Ethiopia - Nairobi - Addis - Tanzania  
Antsokio Valley, Africa

### "AQUACULTURE IN ETHIOPIA"

This most unique adventure will include 12 Americans and 12 Soviets who will meet in Nairobi where they will spend 3 days in briefings and Game Park Safaris, and then fly to Addis, the capitol of Ethiopia. Here they will be briefed by the U.S. Government, the Soviet Government and the Ministry of Agriculture on the present conditions prevailing in Ethiopia. From here the Soviets and Americans will fly to the source of the Blue Nile and from there to Antsokio Valley, the site of the Aquaculture Project, one of the first self-sustaining whole systems of recycling and earth restoration projects in a developing nation. The outcome of the pilot project concludes that Ethiopia possesses enough land, water, and human resources to support and promote sustainable food supplies. It is currently feeding 5000 people daily.



### Center for Soviet-American Dialogue

The Center for Soviet-American Dialogue grew out of the vision of an American mother who wanted to insure a safe and peaceful world for her children and all future generations. Following her first visit to the Soviet Union with a peace group in 1984, Rama Vernon wrote a proposal suggesting a new structure for official meetings. The meetings with Soviet officials had left her feeling deprived of personal interaction and indepth dialogue.

After making numerous visits to the Soviet Union, within one year, the former housewife and mother of five, developed along with the Soviets, a revised meeting format which called for freer and more indepth communication between American citizens and Soviet officials.

Today, C.S.A.D. has taken over 1000 Americans to the Soviet Union, has hosted over 100 Soviets in the US for the 1st Annual Soviet-American summit, which led to the formation of over 200 joint projects. C.S.A.D. conducts an ongoing program of open conferences and professional exchanges where both American and Soviet citizens have the opportunity to meet with their official and non-official counterparts. These exchanges are creatively designed to open hearts as well as minds.

### PROGRAMS

#### TRAVEL

Citizen Diplomacy Missions to the Soviet Union are designed for optimum interaction with Soviet counterparts. Since 1985 C.S.A.D. has taken groups and individuals such as film, theater and media professionals, Women in Leadership, Economists, leading U.S. Innovators, Business Executives, Educators and Healers from throughout the US who wish to improve relations between the citizens of the US and USSR.

#### CONFERENCES/ EXCHANGES AND FORUMS

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| Both in the US and USSR such as:    | • Film and Media                 |
| • Human Rights                      | • Conference on the Healing Arts |
| • Project Development Trips         | • Poets and Writers              |
| • Soviet-American Citizens' Summits | • Business and Trade:            |

NOV. 10- NOV. 20, 1989

Conference Dates, Nov. 16-17-18  
Shanghai, China

### RE-STRUCTURING SOCIETIES IN A POST COLD WAR ERA International Management Sciences Conference:

Conference is sponsored by the Shanghai Institute for Science of Sciences, the Shanghai Branch of the Research Center for Economic Technical and Social Development, the International Technology Economy Institute and the State Council of P.R.C. Co-sponsors are the Dept. of Management Sciences, George Washington University; the Center for Government Responsibility at University of Florida; the Hubert Humphrey Institute of Public Affairs at University of Minnesota; Women's World Banking, Amsterdam and New York; Organizing for Development International, Inc. of Washington D.C.; the Institute of Scientific and Technical Information of Shanghai and, of course, the Center for Soviet-American Dialogue. The American contingency for this special Conference is already over subscribed. Preference will be given to those who would be willing to sponsor a delegate from a developing country with non-convertable currency.

An optional added week in Beijing will be available to meet with Chinese intelligentsia, architects, engineers, educators from elementary to university level, businessmen, and people active in the cultural arts.

### US-USSR JOINT PROJECTS

The Center initiates, supports and sponsors projects that encourage the on-going bilateral between the US and USSR that make a significant contribution toward the betterment of humankind. Primary projects in development are:

- Annual Soviet-American Citizens Summits
- Joint Project Data Base
- Citizen Council on Human Rights
- Sov-Am Wholistic Health Council
- Business and Trade
- Satellite Radio Broadcasts
- Documentary, Film Festival
- Film and Theatrical Co-Productions
- Joint Publications

### THE CENTER FOR SOVIET-AMERICAN DIALOGUE HAS EXPANDED THEIR PROGRAMS:

- To foster Soviet-American collaboration in developing nations.
- To develop a support network of resources and people.
- To strengthen the community of U.S. citizens working on ongoing projects with the USSR.
- To Demonstrate through joint projects, a model of how our nations and other nations can set a precedence in creative cooperation.
- To develop and maintain a joint project data bank based on computer technology.
- To gather, update and keep the projects current.
- To disseminate periodic information through the quarterly publication "Soviet-American News" to all interested citizens in the US and USSR.
- To move all systems, economic, political and ideological forward so together they can make their contribution toward global cooperation.

# CITIZEN DIPLOMACY MISSIONS INTERNATIONAL SOVIET UNION-CHINA-AFRICA CENTRAL AMERICA

1986

CENTER FOR  
SOVIET-AMERICAN DIALOGUE



## Center for Soviet-American Dialogue Citizen Diplomatic Corps Membership

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| <p><input type="checkbox"/> <b>\$35 Newspaper Subscription</b> -<br/>Subscribers will receive quarterly publication of the Soviet-American Newspaper.</p> <p><input type="checkbox"/> <b>\$100 Citizen Attache</b> -<br/>Additional support for joint US-USSR projects, receive newspaper and annual project update.</p> <p><input type="checkbox"/> <b>\$1000 Ambassadors' Inner Circle</b> -<br/>All above benefits plus 10% travel discount on C.S.A.D. Citizen Diplomacy Mission.</p> <p><input type="checkbox"/> I would like to become a member in order to support the work of the Center for Soviet-American Dialogue.</p> <p><input type="checkbox"/> Please sign me up for the category checked above.</p> <p><input type="checkbox"/> I am greatly encouraged by the Center's work and would like to make a one time contribution of \$ _____</p> <p><input type="checkbox"/> I am interested in _____ trip(s). Please send me information.</p> <p>Name: _____ Phone: (____) _____</p> <p>Organization: _____</p> <p>Address: _____</p> | <p><input type="checkbox"/> <b>\$50 Associate Diplomat</b> -<br/>Provides general support of the programs of Center, and member receives quarterly newspaper subscriptions.</p> <p><input type="checkbox"/> <b>\$500 Envoy Extraordinaire</b> -<br/>Above benefits plus invitations to special conferences in the USSR.</p> <p><input type="checkbox"/> <b>\$5000+ Patron Saint</b> -<br/>All above benefits plus invitations to special privately arranged trip to the Soviet Union.</p> |
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- ☐ Please charge to M/C ☐ Visa ☐ American Express    Account# \_\_\_\_\_    Expiration Date \_\_\_\_\_

Please mail contributions to: **CENTER FOR SOVIET-AMERICAN DIALOGUE**  
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