

INTERNATIONAL PEACE COLLEGE

CREATING STRATEGIES FOR PEACE

"New Paradigms for Ancient Conflicts"

PHASE ONE: CURRICULUM

OVERVIEW

Conflict in our world today is symbolic of the conflict that exists within individuals, families, tribes and nations. It is a microcosm of the planetary macrocosm of humanity divided against itself. Phase One: Will explore the fundamental roots of conflict including psychological, personal and social paradigms. Phase One consists of four course offerings that explore concrete examples of how understanding and healing underlying conflicts within oneself can help facilitate new paradigms for social and global change. The foundation provided in Phase One will guide further work in Phase Two for Inter-Cultural Communications, Methodologies, Stereotypes, and Building Structures for Peace and Common Security.

PHASE ONE

I. INTRODUCTION: ANCIENT ROOTS OF CONFLICT

Learning Objectives

- * Define ingredients of conflict.**
- * Discuss how Biblical and Eastern Scriptural origins continue to play a role in present day conflict.**
- * Describe how world conflict relates to human psycho-physiology.**
- * Explain key elements of conflict transformation.**
- * List examples of conflict as a creative force for positive change.**

I. INTRODUCTION: ANCIENT ROOTS OF CONFLICT

A. Defining and Redefining Conflict

1. Points To Ponder
2. Three Types Of Conflict
3. Ingredients Of Conflict

B. Conflict Transformation: A New View

1. Relationship Cycles
2. Spiral Of Relationships
3. Perception, Myth Or Reality

C. Biblical and Eastern Scriptural Origins

1. Genesis Of Conflict
2. Conflict As The Source Of Creation
3. Ancient Archetypes Of Conflict Management
4. Patanjali Yoga Sutras
5. Bhagavad Gita

D. Conflict as a Creative Force for Positive Change

1. Transforming Consciousness Through Conflict
2. Embracing Conflict

TEACHING / LEARNING METHODOLOGY: Lecture / Discussion / Case Studies / Audio-Visual

PHASE ONE

II. PSYCHOLOGICAL ROOTS OF CONFLICT

Learning Objectives

- * Describe the interrelationship of personal and global conflict.**
- * Discuss the implications of thought in relation to conflict.**
- * List the ten-step guidelines to non-violence.**
- * Explain the interrelationship of mind, matter and living systems.**

II. PSYCHOLOGICAL ROOTS OF CONFLICT

A. Physiology of Global Conflict

1. Anatomy Of Conflict Within The Human Body
2. Right-Left Brain Theory

B. Androgynous Balance of World Polarities

1. Cultural Convergence Of The Feminine And Masculine
2. Anthropological Differences Of Content-Context Oriented Cultures.

C. Interrelationship of Personal and Global Conflict

1. Five Evolutionary Stratas Of Conflict
2. Transforming Destructive Emotions Into Positive Action

D. The Power of Thought: Source and Symptoms of Conflict

1. Four Parts Of Mind
2. Subconscious Mind Pyramid
3. Mind Waves As The Source Of Emotions
4. Five Sources Of Conflict
5. Reversing Emotional Affects To Eradicate Inner Conflicts
6. Wheel Of Cause And Affect
7. Tree Of Life Cycles

E. Psychology and The Politics of Fear

1. Collective Consciousness Of Fear And The Global Politics
2. Fear Questionnaire And Kineological Exercises
3. Transforming Fear Through Dialogue
4. Releasing Fear As A Prelude To Empathy

F. Interdependence of Mind and Matter and All Living Systems

TEACHING / LEARNING METHODOLOGY: Dialogue / Visual Aids / Lecture / Written Material / Group Discussion

PHASE ONE

III. PERSONAL AND SOCIAL PARADIGMS FOR INNER AND OUTER PEACE

Learning Objectives

- * Discuss your personal definition of peace.**
- * Summarize effective communication skills for conflict resolution.**
- * Describe contemporary approaches to forgiveness that have meaning to you.**
- * Design a template for peace strategies.**

III. PERSONAL AND SOCIAL PARADIGMS FOR INNER AND OUTER PEACE

A. Redefining the Meaning of Peace

1. Three Types Of Peace
2. Finding Peace In The Midst Of Individual And Global Conflict
3. Inner Dialogue For Conflict Prevention And Reconciliation
4. Non-Violence From Self To Nations
5. Ten Step Guidelines For Conflict Prevention

B. Developing Effective Communication Skills for Conflict Prevention

1. Active Listening As A Prerequisite To Dialogue
2. Clarifying Needs And Wants
3. Refining The Spoken Word
4. Dialogue To Transform Anger

C. Resolving Group and Organizational Conflict

1. Corporate Life Cycles
2. Conflict Management Styles
3. Internal Preparation For Successful Mediation Among Hostile Factions

D. Creating a New Template for Strategies of Peace

1. Technological Designs Of Successful Methodologies
2. Creating A Virtual Peace Room
3. Healing And Balancing The Spirit Of Nations
4. Quantum Healing For Mind Body Politics
5. Reaching A Positive Critical Mass

TEACHING / LEARNING METHODOLOGY Lecture / Shared Models from other
Sources / Group Work / Visual Aids.

PHASE ONE

IV. RECONCILIATION AND FORGIVENESS: Healing Our World as We Heal Ourselves

Learning Objectives

- * **Describe core values of forgiveness in major world religions**
- * **Interpret the social applications of forgiveness in the context of Conflict Resolution.**
- * **Design a personal plan for Reconciliation.**

IV. RECONCILIATION AND FORGIVENESS

A. Contemporary Approaches for Self and Global Empowerment

1. Cycle Of Reconciliation
2. Comparative Methodologies For Forgiveness

B. Forgiveness as Practiced in Major World Religions

1. Historical Context
2. Healing Potential of Forgiveness

C. Social Applications of Research Findings

1. Current Research Approaches
2. Practical Applications

D. Forgiving the Past to Secure the Future

1. Attitudinal Adjustments
2. Healing Our World as we Heal Ourselves

TEACHING / LEARNING METHODOLOGY: Lecture / Discussion / Case Studies / Application of Theories / Role Play / Visual Aids / Video / Small Group Practice

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PHASE TWO: CURRICULUM

The Art and Preparation for Dialogue and Mediation

OVERVIEW

Phase Two explores alternative approaches to dialogue and the new diplomacy. The format is designed for development of deep active listening and the art and preparation for Non-Official Dialogue. Phase Two will focus on theory and practice of mediation and inter cultural communication skills to be used in personal, local and international communities. The course looks at stereotypical concepts and prejudices as well as communication skills, and patterns, cultural differences, and the development of personal strategies for non-violence and building structures for peace.

PHASE TWO

I. CONFLICT TRANSFORMATION

Learning Objectives

- * Explain preconditioned responses that perpetuate stereotypes.**
- * Define how the psychology and politics of fear can cause walls of separation among families and nations.**
- * Discuss how prejudice plays a role in conflict.**
- * Identify media or advertising images that promote stereotypes.**
- * Describe models for conflict transformation and potential applications.**

I. CONFLICT TRANSFORMATION

A. New Images for Old Stereotypes

1. Conscious And Subconscious Stereotypes:
2. Preconditioned Responses That Perpetuate Hostilities.
3. Gender Trade Off: Male / Female Archetypes

B. Walls That Separate Us

1. Images We Portray Of One Another: From Personal To Political
2. Media, Film And Advertising Images.
3. Fear And The Magnetic Law Of Attraction
4. Psychology And The Politics Of Fear

C. Prejudice Reduction

1. Reframing and Transforming Old and New Stereotypes
2. Group Identity, Inter-Ethnic Relations
3. Transforming Images of Terrorism

TEACHING / LEARNING METHODOLOGY: Lecture / Discussion / Audio-Visual

PHASE TWO

II. THE ART OF DIALOGUE, MEDIATION AND NEGOTIATION

Learning Objectives

- * Identify essential communication skills.**
- * Demonstrate active listening.**
- * List key ingredients of non-official dialogue.**
- * Explain the concept of holding two points of view simultaneously.**
- * Discuss dialogue as a method for transcending personal, political and ideological boundaries.**

II. THE ART OF DIALOGUE: A GATEWAY TO PEACE

A. Active Listening: A Prelude To Dialogue

1. The Art of Listening To The Other Side
2. Guidelines and Subtle Elements of Active Listening
3. Development of Compassion Through Listening

B. Preparation for Dialogue

- L. True Dialogue: Equality Of Giving And Receiving
2. 13th Century Chinese Origin
3. Dialogue As A Method For Peaceful Co-Existence Between People And Nations
4. Citizen Diplomacy: The Power of Non-Official Dialogue

C. Developing Successful Communication Skills

1. Language: A Self Fulfilling Prophecy
 - a. the power of the spoken word
 - b. kinesiological affects of the unspoken word
 - c. Psychological Aikido
2. The Effects Of Words And Their Meanings In Different Cultures And Situations.

D. Dialogue, Mediation and Negotiations

1. Recognizing One's Own Negotiating Philosophy And Style
2. Successful Methodologies For Mediation
3. Creating Trust Between Warring and Hostile Factions
4. Bringing Them To The Table
5. Designing A Model For Group Dialogue and Mediation

PHASE TWO

III. INTER CULTURAL COMMUNICATION: BEYOND BOUNDARIES

Learning Objectives

- * Discuss inter cultural communication challenges in your community**
- * List examples of non verbal communication**
- * Describe strategies for transcending personal, ideological and political boundaries.**
- * Recognize the effects of words and their meaning across cultures**
- * Demonstrate effective communication patterns through role-playing.**

III. INTER CULTURAL COMMUNICATION: BEYOND BOUNDARIES

A. Inter cultural Communications at Home and Abroad

1. Body Language
2. Cultural Nuances

B. Transcending Personal, Ideological and Political Boundaries

1. Adjusting And Negotiating With Other Cultures
2. Cultural Adaptation And Modeling

C. Cross Cultural Communication Patterns

1. Translations: Consecutive and Simultaneous
2. Verbal and Non-Verbal

TEACHING / LEARNING METHODOLOGY: Lecture / Discussion / Audio- Visual
Experiential / Application of theories

PHASE TWO

IV. COMMON SECURITY: BUILDING INNER STRUCTURES FOR PEACE

Learning Objectives

- * Discuss how Ghandi's steps of non-violence can lead to global change.**
- * Describe how changing ones thoughts can change the environment.**
- * Understand the interrelationship of personal and global conflicts.**
- * Recognize the role of personal disarmament as a strategy for global peace.**
- * Develop a personal strategy for building structures for peace.**

IV. COMMON SECURITY: BUILDING INNER STRUCTURES FOR PEACE

A. New Visions of Security from Violence to Non-Violence

1. Ghandi's Steps To Global Change
2. Disarming As Individuals To Disarm As Nations
3. Securing The Borders From Within.

B. Disarmament

1. Disarming As Individuals To Disarm As Nations
2. From War To Peacetime Economy

C. Governments: A Reflection of Collective Consciousness

1. Strategic Vs. Spiritual Defense Initiatives
2. Social Justice: A New Way Of Thinking

TEACHING / LEARNING METHODOLOGY: Guest Lectures / Discussion / Audio-Visual/